

Food and Nutrition Security Plan

DRAFT 1





Purpose

The Maui County Food and Nutrition Security Plan is being created to ensure that all Maui County residents have access to affordable, nutritious, culturally appropriate food. This plan acknowledges the power of food systems as drivers of health, cultural connection, and resilience.



MDOA 2024-2028 STRATEGIC PLAN

MISSION

Advocate for thriving lands and hands that feed and sustain Maui County



Food Security

When all people, at all times, have physical, social, and economic access to sufficient, safe, and nutritious food that meets their food preferences and dietary needs for an active and healthy life. The four essential components of food security are:

- **Availability:** Is the physical supply of food sufficient?
- **Access** : Can people actually obtain the food?
- **Utilization** : Are people able to eat and benefit nutritionally from the food they have?
- **Stability** : Are people prepared to remain food secure in the face of environmental, financial, political, or social shocks and stresses?





Nutrition Security

Consistent access, availability, and affordability of foods and beverages that promote well-being, prevent disease, and, if needed, treat disease, particularly among racial/ethnic minority populations, lower income populations, and rural and remote populations.

Food Security in Maui County



- "Since the pandemic, Hawai'i has seen an average increase of 25% in food prices."
- "For Hawai'i, food insecurity is associated with \$800 million per year in added health care costs."



In 29% of households with children, one or more children were facing food insecurity.



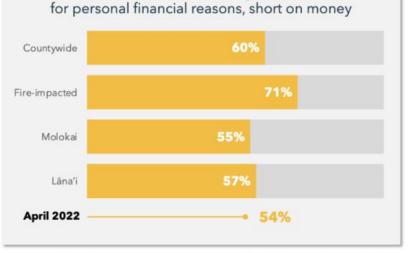
Food security is not possible without affordable housing and financial security

- Residents of Maui County pay the highest rent costs in the U.S., and 52.9% of Maui County's population is rent burdened (Hawai'i Housing Factbook, 2024).
- Hawai'i residents pay the highest food costs in the United States (Frohlich, 2018).
- Prior to the fires, Aloha United Way (2022) found that over half of Maui County's residents do not earn enough money to afford the basic cost of living.
- Hawai'i Food Bank reported that in Maui County, 31% of residents experienced food insecurity in 2023, and among the households affected by the wildfires, 49% experienced food insecurity.
- Rural communities face significantly more health challenges than urban residents. (UHERO, 2024).

Six in 10 Countywide and 71% report cutting back on groceries since the fires

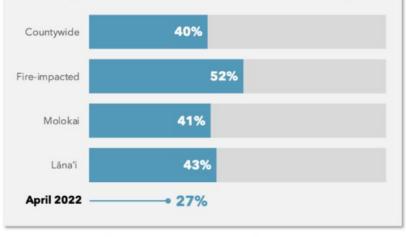
This represents an increase in those going without over the past two years.

In the past year, have you had to ... [Percent saying "yes"]



Cut back on food and groceries

Cut back on medical care or medicine for personal financial reasons, short on money



As we found two years ago, mental health needs are higher among those in financial straits - 74% of those who are cutting back on groceries countywide say their mental health is worse (76% among fire impacted); and are much more likely to say they or a household member need counseling.



grove insight



Maui County FOOD & NUTRITION SECURITY PLAN

DRAFT Plan for Public Comment

September 2024

Prepared for Maui County Department of Agriculture The Maui County Food and Nutrition Security Plan lays out strategic recommendations to improve nutrition security, climate and emergency resilience, and opportunities for local food producers within Maui County.

Our Maui Nui Focus

Maui County's food system is part of a much larger system that is influenced by global food production and federal and state policies. For the purposes of this plan, we are focused on the parts of the food system that we can influence within Maui County. We aim to create recommendations that reflect the unique needs and opportunities in our islands, guiding us toward a more resilient and just food system that aligns with our local values and goals.



Developed in collaboration with over 600 community members,

including farmers, ranchers, fishers, hunters, foragers, educators, and public health professionals. These individuals shared input through in-person community gatherings, virtual feedback sessions, and online surveys between 2021 and 2024, including:

- Maui Nui 2021 Virtual Food Summit, Maui Nui 2022 Food Summit, and Maui Nui 2023 Food Summit
- Hawai'i Good Food Alliance 2021 Farmer Needs Assessment
- Maui County Department of Agriculture 2022-2023 Food Producer Needs Assessment
- Maui Nui Food Alliance 2023 Food Supply Assessment
- May to July 2023 Maui Nui Food Security Assessment
- Maui Food Bank's 2022 Food Bank and Pantry Assessment
- Maui Nui 2023 Consumer Needs Assessment
- Maui Nui 2024 Community Talk Story Sessions





NUTRITION PLAN FOR

CREATING A FOOD AND SECURITY TALK MAUI STORY **SESSIONS**

Share your mana'o with the Maui County Department of Agriculture on your vision for the future of our food systems. Join us in person:

Helene Hall in Hāna - Thursday, 2/8 from 5:30-8PM Pukalani Community Center - Tuesday, 2/13 from 5:30-8PM Kihei Community Center - Thursday, 2/22 from 5:30-8PM Kahului Community Center - Thursday, 2/29 from 5:30-8PM Lāna'i Filipino Club House - Thursday, 3/7 from 5:30-8PM Molokai, Mitchell Pauole Community Center - Tuesday, 3/12 from 4:30-7PM Napili, location TBD: Thursday, 3/21 from 5:30-8PM

Questions? Call 808-270-8287. Sign up here to receive an email reminder about the Community Listening Session in your area:







Community Informed, Community Led

The plan will be carried out and co-led by community leaders, including non-profits, small businesses, and government-supported projects, working to build a better food system for Molokai, Lāna'i, and Maui.

The Maui County Department of Agriculture will oversee the advancement of the Food and Nutrition Security Plan's goals through ongoing coordination with the plan's co-leaders and annual evaluations of the plan's progress.



HAWAIIAN CANDE PADDLERS

DIETALCH VAREEL

Food and Nutrition Security Plan Goals:

Goal 1: Ensure all residents have access to nourishing, culturally relevant foods at all times.

Goal 2: Support farmers and expand food production to create an abundant, self-sufficient food system.

Goal 3: Build vibrant local food economies & profitable career pathways for farmers & food system workers.

Goal 4: Promote healthy, resilient ecosystems & responsible resource stewardship.

Goal 1: Ensure all residents have access to nourishing, culturally relevant foods at all times.

Objective: Leverage existing institutions, infrastructure, and programs, including those funded by USDA, to increase access to nourishing foods.

Objective: Develop innovative programs to increase access to nourishing foods and lower rates of chronic diseases, especially in rural areas and Pacific Islander communities.

Objective: Increase community self-sufficiency by supporting home food production and access to wild foods.

Objective: Increase individual and community capacity to remain food secure in times of emergency.

Objective: Support economic security, food affordability, and financial safety nets to prevent poverty and food insecurity, especially in the face of rising food prices.

Goal 2: Support farmers and expand food production to create an abundant, self-sufficient food system.

Objective: Protect and expand access to agricultural land.

Objective: Improve water infrastructure and management to support food production.

Objective: Improve agriculture infrastructure and establish new facilities to increase capacity and resilience.

Objective: Diversify food production and increase the amount of food grown for local consumption, with a focus on culturally relevant foods and sustainable protein sources.

Objective: Support producers in navigating regulations and reduce unnecessary regulatory burdens.

Goal 3: Build vibrant local food economies & profitable career pathways for farmers & food system workers.

Objective: Increase market access for local producers & support value chain coordination.

Objective: Support producers in navigating regulations and reduce unnecessary regulatory burdens.

Objective: Increase farm viability and the viability of farming as a sustainable and fulfilling career.

Objective: Develop future generations of farmers and support ongoing advancement for current producers.

Goal 4: Promote healthy, resilient ecosystems & responsible resource stewardship.

Objective: Promote food waste diversion, composting, and other efforts that reduce waste and improve soil fertility.

Objective: Support Ridge to Reef resource management practices.

Objective: Manage invasive species populations.



Community-Based, Community Led

During this first draft phase, we are connecting with potential "Action Leads" to get their buy-in and asking for their edits to the goal, objective, and action language, and learning their suggestions for the necessary resources, partners, and metrics to use to track the success of each action.

Goal 1: Ensure all residents have access to nourishing, culturally relevant foods at all times.

Objective: Leverage existing institutions, infrastructure, and programs, including those funded by USDA, to increase access to nourishing foods.

Action: Increase vendors' ability to accept DA BUX and WIC at farmers' markets and stores







We need your input on the **MAUI COUNTY** FOOD & NUTRITION SECURITY PLAN

Please take this 10 minute survey by Oct. 11, 2024 to help us prioritize the plan's draft objectives, and let us know what's missing: <u>bit.ly/MauiNuiFNSP</u>



Where do you live?	
🔘 Lāna'i	
O Molokai	
🔿 West Maui	
🔘 Wailuku, Waihe'e, or Waikapū	
🔿 Kahului	
O South Maui	
🔘 Makawao, Haʻikū, or Pāʻia	
O Upcountry Maui	
🔘 East Maui	
O I live outside of Maui County	

Goal 3. Build vibrant local food economies and profitable career pathways for farmers and food system workers. In this goal, which objectives are the **most important** for Maui

County partners to work on?

Drag and drop each objective to place them in order of importance (#1 = most important, #5 = least important).

Objective: Assist food system entrepreneurs to grow and sustain their businesses.

Objective: Increase farm viability and the viability of farming as a sustainable and fulfilling career

Objective: Develop future generations of farmers and support ongoing advancement for current producers.

Objective: Increase market access for local producers & support value chain coordination.

Timeline

The plan will be revised based on community feedback shared through two rounds of public comment, which will include:

- September October 2024 community feedback survey, public comment forms, and public meetings on the first draft of the Food and Nutrition Security Plan
 October 11th is the deadline for our community survey for our 1st draft
- November 2024 community feedback and public meetings on the second draft of the Food and Nutrition Security Plan

We aim to have the plan finalized by January 2025.

We need your input on the **MAUI COUNTY** FOOD & NUTRITION SECURITY PLAN

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Mahalo nui!

Questions?

LAUREN NELSON, MAUI COUNTY FOOD ACCESS COORDINATOR LAUREN.NELSON@CO.MAUI.HI.US (808)270-8287

ADEPT Committee

From:	Lauren Nelson <lauren.nelson@co.maui.hi.us></lauren.nelson@co.maui.hi.us>
Sent:	Wednesday, October 9, 2024 2:56 PM
То:	ADEPT Committee
Subject:	Updated Food and Nutrition Security Plan Presentation for ADEPT Oct. 10, 2024
Attachments:	ADEPT Presentation Oct 10, 2024_ Maui County Dept. of Ag Food Security Presentation .pdf

Aloha e ADEPT,

We have updated our slides for tomorrow's ADEPT meeting, to ensure that our presentation does not exceed 15 minutes. Please find the new slides attached.

Please let me know if I can provide any additional information before tomorrow.

Kind regards, Lauren

Lauren Nelson Food Access Coordinator Maui County Department of Agriculture Phone: 808-270-8287 Email: Lauren.Nelson@co.maui.hi.us