



YouthLine Crisis Support for Young People in Hawai'i

YouthLine is a help, support, and crisis line for young people. We train youth volunteers to support their peers in crisis by text, phone, chat & e-mail. No problem is too big or too small. Youth reach out about relationships, bullying, depression, anxiety – stresses that come with growing up. Some folks are just having a really bad day, others are actively considering suicide. YouthLine is here to help.

YouthLine in Hawai'i

YouthLine has been operational on Maui since 2025 – locally staffed, led, and directed. YouthLine Hawai'i is part of the national YouthLine service, which started in Oregon. YouthLine serves over 20,000 youth in crisis every year, from all 50 states – including Hawai'i.

The heart of YouthLine Hawai'i will be youth volunteers in Hawai'i, recruited locally and trained by certified trainers to gain critical mental health skills, and leading community outreach to normalize and reduce stigma around mental health.

YouthLine will deliver key services:

- A youth-to-youth crisis line providing peer support to young people from Hawai'i and across the nation
- A cadre of highly trained youth volunteers who become key mental health supports in their schools, families & communities
- Peer-delivered outreach on mental wellness to reduce stigma, with lessons in schools & in the community

YouthLine Hawai'i is made possible with generous support and partnership from the Hawai'i Community Foundation, the Child and Adolescent Mental Health Division of the Department of Health, Maui United Way, IMUA Family Services, Maui Youth and Family Services, Piha Wellness, EPIC 'Ohana, Kōkua Kalihi Valley, and youth-serving nonprofits across Hawai'i.

What Happens When You Text or Call YouthLine?

When you reach out to YouthLine, you'll find a highly trained youth volunteer, ready to listen, support and help you find a way forward. Youth volunteers help normalize feelings of stress and anxiety – because it's okay to *not* feel ok.

AND YouthLine volunteers help open the door to getting help – normalizing help seeking through the peer connection. Youth volunteers help youth in crisis think about who their “people” are – the trusted adults they can turn to for help. We help identify and build coping skills. And when appropriate, we help connect youth in crisis to services like counseling support.

What we *won't* do is tell you what to do, or tell you that your feelings are dumb or unreasonable – because they aren't. YouthLine's teen and young adult volunteers are here to listen to you, to help you know that your feelings matter, and to help you feel better.

YouthLine is currently staffed by young people 1p-7p HST – and answered by younger adults most other hours.

YouthLine is Here for All of Hawai'i

YouthLine Hawai'i has established its first call center on Maui in the fall of 2025 with plans to expand to additional satellite sites on Maui and neighboring islands. YouthLine materials have been distributed throughout Maui County, Hawai'i Island, O'ahu, and Kauai to various schools and agencies. We will continue to present our services to various youth serving organizations and community health stakeholders with the goal of helping communities support the existing support mesh of services for youth.

How can I help?

Help us spread the word! Please share YouthLine as a resource for young people in your life.

Want materials? We have bracelets, cards and brochures, and we are happy to give them to you.

Know a young person who might want to volunteer? We're eager to meet them.

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We listen. We support. We keep it to ourselves.

Talk: **877.968.8491**

| Text: **teen2teen to 839863**

| Chat: **theyouthline.org**