



Kaunoa Senior Services
Home Delivered Meals Program
Meals on Wheels

(WASSP-1(8))

Received at 6/16/2025 WASSP
meeting from Department of Human
Concerns

Kaunoa's Senior Nutrition Programs

**Congregate
Nutrition
Program**

**Home Delivered
Meals Program
(Meals on
Wheels)**

Congregate Nutrition Program

- *Provides Fresh, Nutritionally Balanced Meal, Nutrition Education, Socialization*
- *Adults Ages 60+*
- *60,000 Meals Served per Year*
- *9 Congregate Lunch Sites: Wailuku, Kahului, Kihei, Upcountry, Kula, Hana, Lanai, Molokai, West Maui (currently home delivered)*
- *Funding: Older Americans Act (Federal) Title III Grant, County of Maui, Voluntary Contributions*
- *98% of participants agree that the program is important to maintaining their overall health & independence*
- *94% of participants agree that the program reduces loneliness and helps to prevent isolation.*

Congregate Nutrition Program

- *So Far in FY 2025 (May 2025)...*
 - *650 Participants*
 - *Average Age of Participants:
80 Years*
 - *46,000 Meals served*
 - *1000 Socialization Activities*
 - *Attendance: 62,000+*

Home Delivered Meals

(Meals on
Wheels)

- *Ages 60+, Frail, Homebound*
- *Funding: Older Americans Act (Federal) Title III Grant, County of Maui, Voluntary Contributions*
- *Eligibility Determined by MCOA:*
 - *Significant reduced mental capacity*
 - *Unable to perform 2 or more Activities of Daily Living (Eating, bathing, dressing, etc.)*
Instrumental Activities of Daily Living (Preparing meals, shopping, taking medications, etc.)
 - *Lacks ability to shop or cook, prepare adequate meals*
- *Meals Delivered Five Days/Week*
- *Face-to-Face Safety Check*
- *Friendly Visits Reduce Isolation*
- *Provides Peace of Mind for Families*
- *120,000 Meals Delivered per Year*
- *98% Satisfactory Rate*
- *100% on-time delivery*

Home Delivered Meals

(Meals on
Wheels)

- So Far in FY 2025 (May 2025)...
 - Average Age of Participant: 80 Years (over 50% of participants are over 80 years of age)
 - # of Participants who Live Alone: 160 Participants
 - 105,000 Meals Delivered
 - 760 Participants