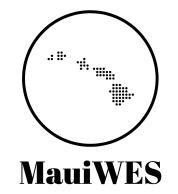


# Maui Wildfire Exposure Study www.MAUIWES.info



## Ruben Juarez, Ph.D.

HMSA Endowed Professor UHERO & Economics Dept. Health Policy Initiative, CSS UH- Manoa





























Professor, John A. Burns School of Medicine Director, Epigenomics Research Program Dept. Anatomy, Biochemistry, & Physiology UH- Manoa



Pacific Alliance Against
COVID-19 recruited over
30,000 participants and
performed over 50,000
COVID tests during the
pandemic in partnership with
several FQHCs and Schools
www.PAAC.info



Over 2000 state of Hawaii residents are enrolled in biannual cohort to understand social determinants of health and be ready for the next disaster

www.uhero.hawaii.edu



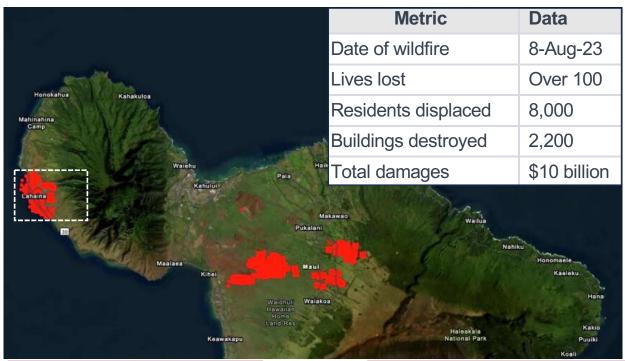
Hawai'i Social Epigenomics Early Diabetes Cohort

2100 residents, primarily
Native Hawaiian and Pacific
Islanders are enrolled to
understand the early origins
of diabetes

www.hiseed.org

Juarez and Maunakea led several cohort studies totaling more than 50,000 participants in Hawai'i using community-based participatory research.

# The Maui Wildfire Impacts



Short to Mid-Term Effects of Exposure

#### Long-Term Effects of Exposure

#### Headaches, dizziness, reduced O2 transport

Smoke pollutants (including CO and  $CO_2$ ) can reduce oxygen transport, causing symptoms of oxygen deprivation.

#### Eye irritation and vision complications

Fine particulate matter can directly irritate the eyes.

#### Respiratory irritation and reduced lung function

Fine particulate matter (PM2.5; can include inorganic compounds, heavy metals, etc), gases (CO, CO<sub>2</sub> SO<sub>2</sub>, NO<sub>3</sub>, etc), volatile organic compounds (aldehydes, benzene, etc), and other pollutants irritate lungs and throat.

#### Cardiovascular stress and complications

Smoke pollutants (including CO) can reduce oxygen-carrying capacity of blood. Such cardiovascular stressors can lead to cardiovascular complications and exacerbate existing heart conditions.

#### Negative impact on psychological health and well-being

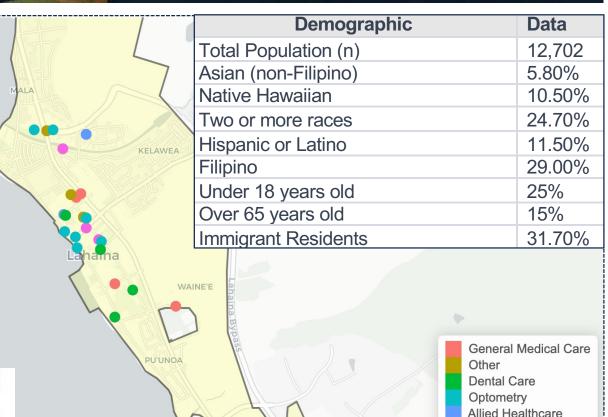
Community proximity to and consequences of wildfire events can leave a lasting impact on emotional and psychological well-being. Such an impact can lead to the development of disorders including post-traumatic stress disorder (PTSD), major depressive disorder (MDD), and anxiety, among other negative experiences.

#### Increased risk for cancer and respiratory illnesses

Long-term exposure to fine particulate matter can lead to the development of chronic respiratory conditions like chronic obstructive pulmonary disease (COPD), asthma, and bronditis. Such pollutants may include polycyclic aromatic hydrocarbons (PAHs), which are carcinogenic. Additional physiological stressors can lead to compromised immune functioning, increasing risk for infection.

#### Increased risk for heart attack and stroke

Chronic exposure to airborne pollutants can prolong irritation and inflammatory responses. Such long-term stress on cardiovascular pathways can cause hypertension and increase risk for cardiometabolic disorders.



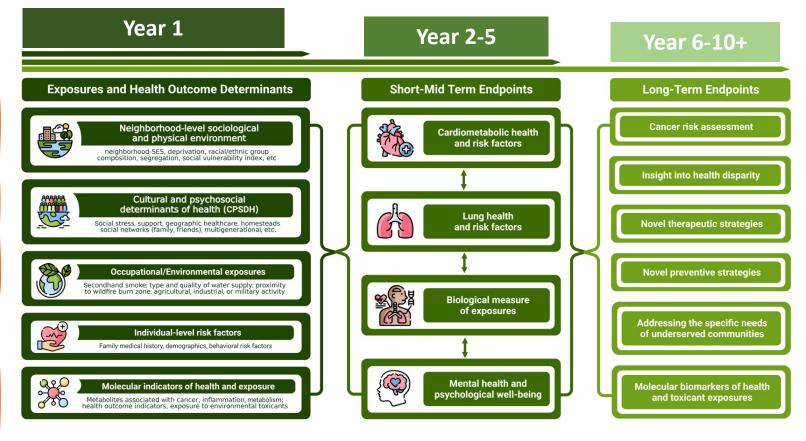


"Aloha Lahaina" – K. Maunakea Kula born, Haku Mele & Hawaiian Healer



Mental Healthcare

# Maui Wildfire Exposure Cohort



- **Objective**: Establish a cohort of 1,000 adults effected by the wildfires. Our aim is to assess the social and health impacts. This will involve collecting both social and biomedical data, with annual follow-ups with each participant. We anticipate data collection for 10+ years to evaluate long-term impacts contingent on funding.
- Timeline: Data gathering started on January 26, 2024...

www.MauiWES.info

# Comprehensive Survey and Biomonitoring Assessments

### **Data Components**

## Questionnaires

- Demographics
- Housing Stability
- Food Security
- Employment
- Exposure
- Resiliency
- Social Support
- Health Behaviors
- Perceived Trust
- Etc...

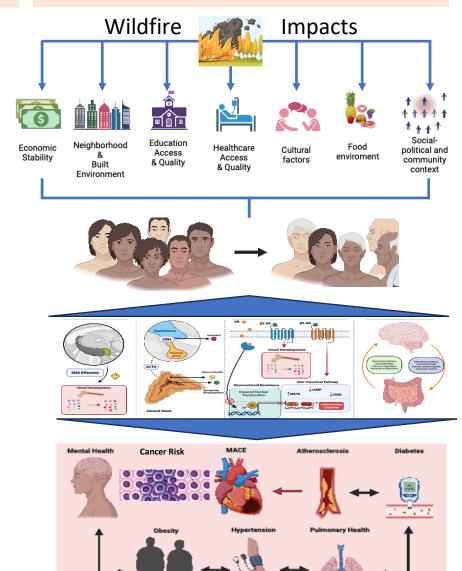
## **Biospecimens**

- Stress Response
- Inflammation
- Environmental Toxicants

### Health Exam

- Lung Health
- · Cardiovascular Health
- Metabolic Health
- Mental Health
- Cancer Risk (EMR)

## **Participant Involvement**



# Immediate Benefits for Community: Rapid Response, Feedback, Connection, Follow-up

## **Participant and Community Data Sharing**

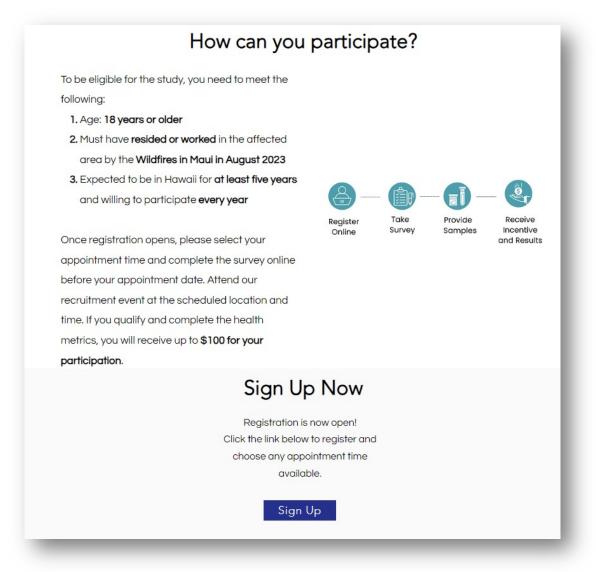
- Participants are provided with RAPID results for relevant health conditions and some toxicant exposures with more comprehensive tests to be analyzed later
- We will connect participants to their results and at-risk individuals will be referred to relevant services/providers using a de novo Wildfire Exposures Data Dashboard
- Annual follow-up planned to evaluate changes and reassess community needs
- Transparent and communityengaged data collection and sharing for community

 Sharing data and communication strategies to inform state government agencies, community-based organizations on the ground, medical providers, and health insurers to establish guidelines/practices to mitigate health impacts



# MauiWES.info is Live





**Scheduled Events:** Fri, February 23, 3-7pm - Royal Lahaina

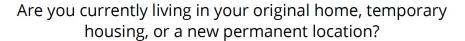
**Sat, February 24, 10am-4pm** – Lahaina Civic Center

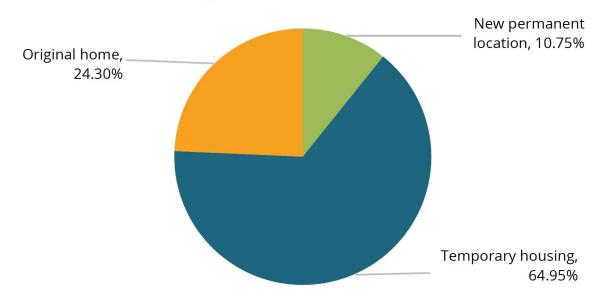
Sun, February 25, TBA — TBA

To date: 450/1000 (45%) participants in the cohort

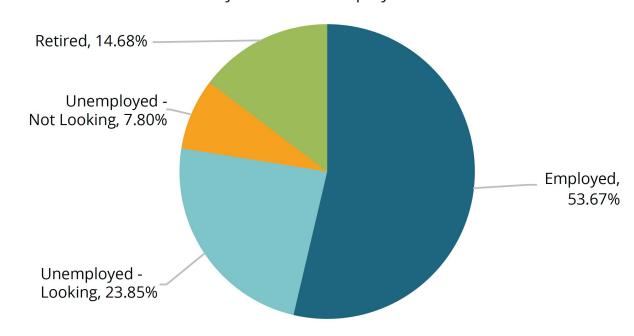


https://uhero.hawaii.edu



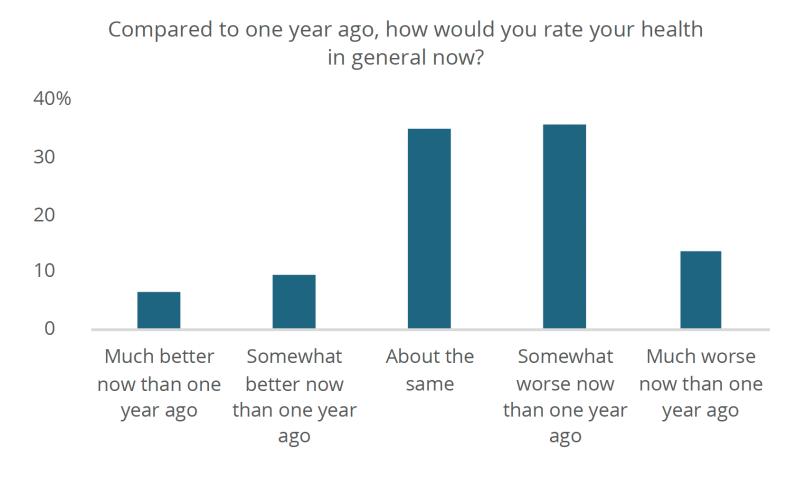


#### What is your current employment status?



Only 24% of participants remain in their pre-wildfire homes. The majority, 65%, are in temporary homes, and 11% have moved to new permanent homes. The wildfires caused 58% of participants to lose their jobs. Currently, over half have found employment, but 24% are still jobless and searching. Additionally, 74% report a drop in their household income.

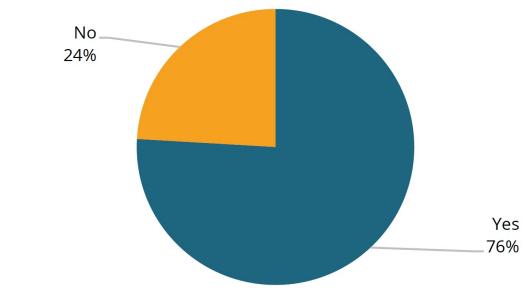
## Almost half of the participants (49%) said their health is now worse than last year (prior to the wildfires)



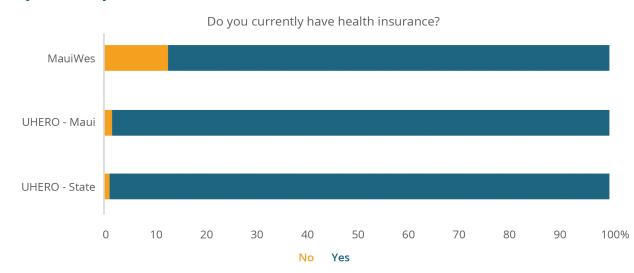
https://uhero.hawaii.edu

About 24% reported that they do not have steady access to medical care. Also, 13% reported that they do not have health insurance, much higher than last year's survey of Maui residents where only 1.7% reported being uninsured, similar to that reported over the state at 1.2%

Do you have regular access to medical care?



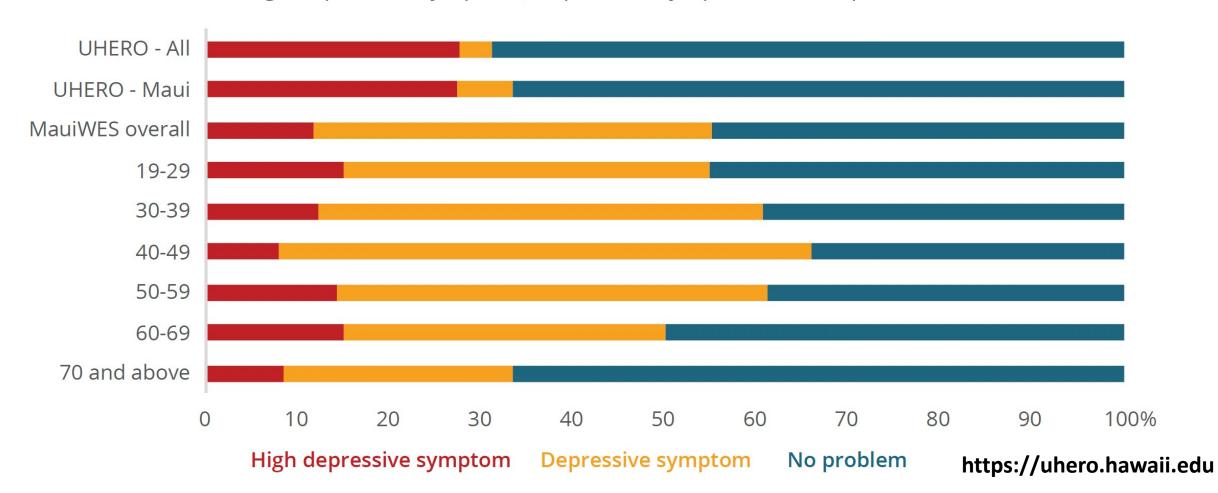
Do you currently have health insurance?



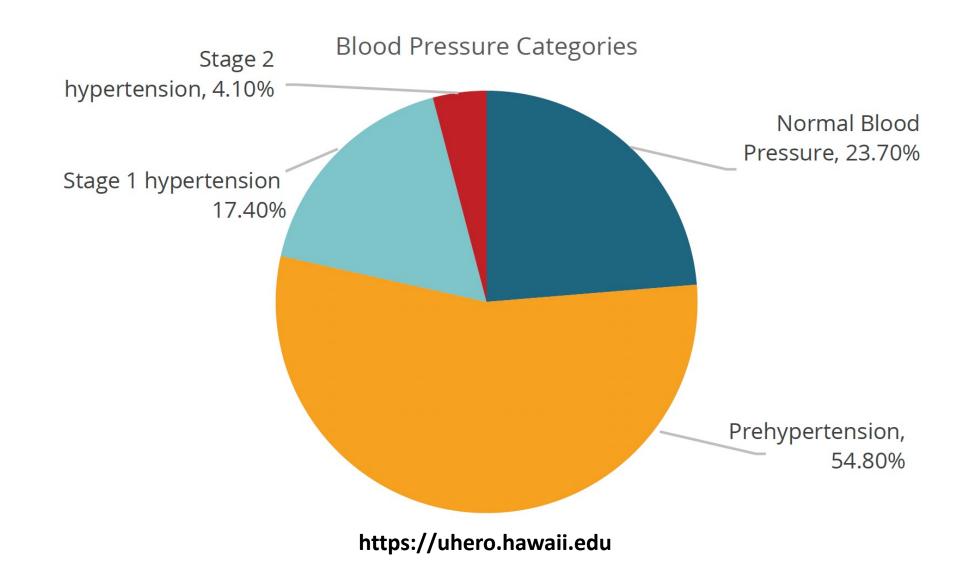
https://uhero.hawaii.edu

Depression rates among its participants, with 55% exhibiting depressive symptoms. This is notably higher than the approximately 33% reported for both the general population statewide and specifically for Maui residents in a previous survey. Depression rates in the MauiWES cohort increased with age. This suggests the wildfires had a profound impact on the mental health of older residents, highlighting their vulnerability to psychological trauma during recovery. Similar issues with Self-esteem and Anxiety

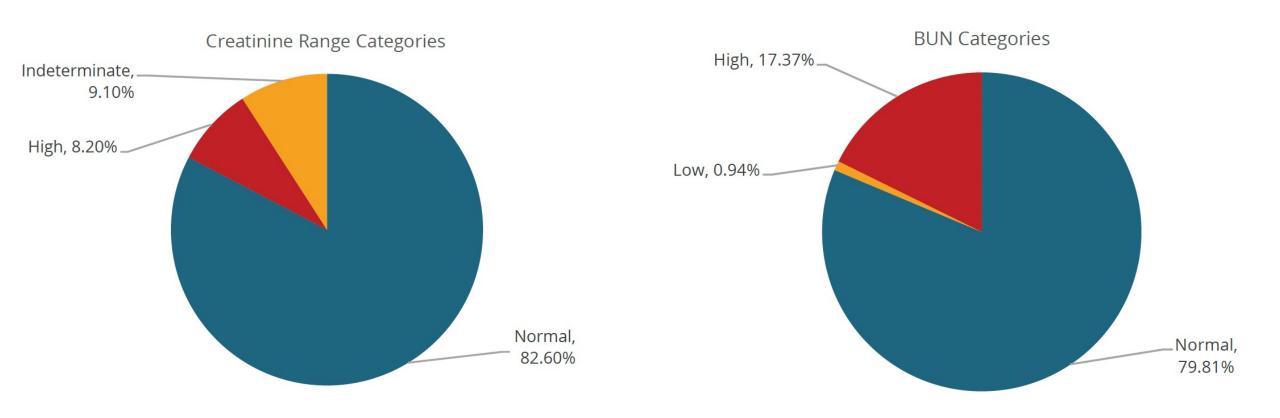
High depressive symptom, Depressive symptom and No problem



Over 20% of the cohort participants showed high blood pressure at the level of stage 1 and 2 hypertension, with 55% at prehypertension levels, indicating an overall proportion (~76%) of individuals at elevated risk for cardiovascular disease

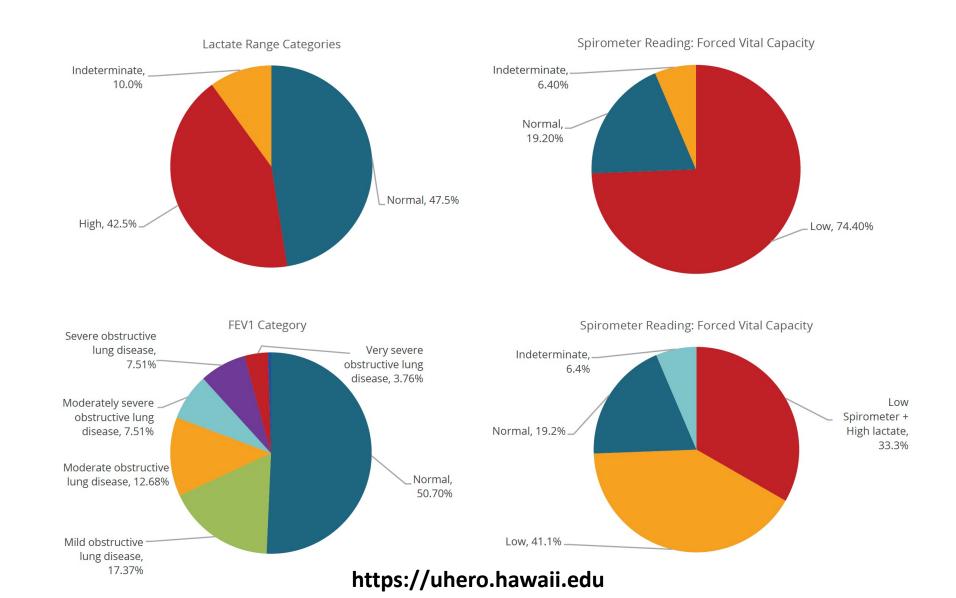


### Initial blood biomarker tests also indicated that 8-18% of participants may have compromised kidney function



https://uhero.hawaii.edu

# Up to 74% of participants may be experiencing poor respiratory health, with 49% exhibiting signs of mild to severe lung obstruction, and 33% with compromised lung function linked to impaired tissue oxygenation.



# Do You Know Your Wildfire Exposure Risk?

Learn how the fires have affected your health today



Fri, 02/23: Royal Lahaina Resort 3PM-7PM

Sat, 02/24: Lahaina Civic Center 10AM - 4PM

Sun, 02/25: TBA (See Website)



Register now at MAUIWES.info





# Mahalo nui!



HEALTH POLICY INITIATIVE

Institutes













University of Hawai'i at Mānoa™



















